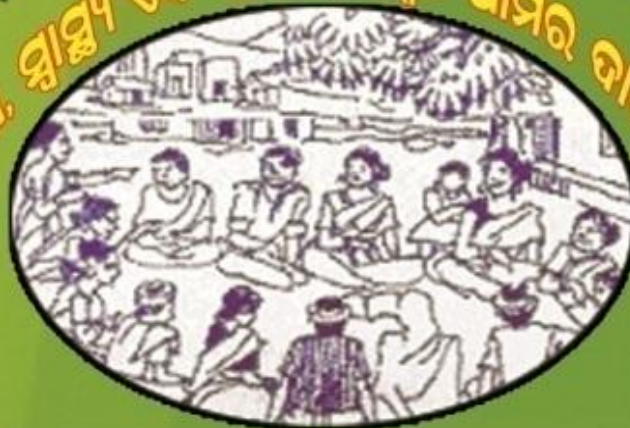


# ANNUAL ACTIVITY REPORT

ଶିକ୍ଷା, ସ୍ୱାସ୍ଥ୍ୟ ଏବଂ ଗ୍ରାମର ଉନ୍ନତି ଆମର ଲକ୍ଷ୍ୟ



**FOR THE YEAR 2019-20**

# CARD

**CITIZENS ASSOCIATION FOR  
RURAL DEVELOPMENT**

[Shakti Nagar, 7<sup>th</sup> Lane, Berhampur, (Ganjam), Odisha, India]

Ph. : 0680 - 2223669

E-mail : [cardganjam@gmail.com](mailto:cardganjam@gmail.com),  
[cardganjam@rediffmail.com](mailto:cardganjam@rediffmail.com)

Website : [www.cardorissa.in](http://www.cardorissa.in)

# **C.A.R.D**

## **ANNUAL ACTIVITY REPORT**

### **2019-2020**



### **CITIZENS ASSOCIATION FOR RURAL DEVELOPMENT (CARD)**

**Shakti Nagar, 7<sup>th</sup> Lane, BERHAMPUR - 760 001**

**Dist.: GANJAM, ODISHA, INDIA**

**Ph: (0680) 2223669, Mob: 9437217584**

**E-mail: [cardganjam@gmail.com](mailto:cardganjam@gmail.com)**

**E-mail: [cardganjam@rediffmail.com](mailto:cardganjam@rediffmail.com)**

**From the Desk of the Secretary.....**

It gives me immense satisfaction to bring out the report of activities that were undertaken in the past year, i.e. during the year 2018-19. Citizens Association for Rural Development **CARD** is a leading voluntary organisation working for the betterment of the society, especially those belonging to the marginalized section of the society. During the past one decade the organization as a community-based organization tried to contribute its bit for the development of the rural Odisha, especially in the underdeveloped area of the state.

The year 2019-20 was a fruitful year for the organization in which it undertook many new programmes and projects. New partnerships were forged. While undertaking the activities care was taken to cover the uncovered and underserved areas.

I take this opportunity to thank the people and organizations that were associated with **CARD** for undertaking the programmes successfully. At the outset I express my sincere thanks to the District Collectors of Ganjam and Gajapati for their active co-operative in implementing the projects. I am also thankful to various District and Block-level officials who helped the organization in carrying out its activities. I also thank our donors who reposed their faith on us. Many organizations and people came forward to help the activities of the organization in time of crisis. The organization is thankful to them. Last, but not the least, the small but dedicated staff of the organization deserves a special mention for without their active co-operation the organization would not have achieved this result. I am thankful to them.

Having said that, I expect all these people and organizations will continue to extend their helping hand to the organization in the future also.

**Suresh Chandra Sahu**  
**Chief functionary**

**INTRODUCTION:**

The state of Odisha is in the eye of the storm and is a talking point at the national level for its acute and poverty conditions. Since independence, things are little changed, especially for the poor and the down-trodden. Even though several schemes and programmes are implemented for the welfare of the poor and marginalized. But somehow due to systemic failure the fruits have not reached to the targeted beneficiaries. Due to the huge size of the country and problems of inaccessibility and to a large extent due to lack of awareness marginalized sections of the society do not demand their due rights. Realizing the need to make the people aware a group of young people with similar thought process came together in the backward areas of Ganjam district, which is one of the most backward regions in the state. This group of likeminded workers tried their best to ensure the right entitlements to the people and tried to take the fruits of technology to the people. Later, this small forum was registered as a voluntary organization under relevant acts to enable it to receive funds from various quarters.

**LEGAL STATUS**

- ☞ The Organization has been Registered under Societies Registration Act, 1860 in 1991 with valid registration no. GJM 1490 - 44/91
- ☞ It has been Registered under Foreign Contribution Regulation Act 1976 in 1994 with valid registration No. 104910047
- ☞ Registered under 12 (A) & 80G in the year 01.07.1996
- ☞ Registered under PWD Act 1995 in the year 26.04.2017
- ☞ Registered under NGO Darpan under NITI Aayog in the year 2016

**VISION OF CARD:**

CARD's vision is to find practical solutions for Social, Educational & Cultural as well as Awareness, Training, Economic Development, Promotion of Health Services, Social harmony and Self-dignity.

**MISSION OF CARD:**

To empower the people through training and capacity building so that they can demand their due rights from the authorities without any fear or favour.

**OBJECTIVES:**

Some of the important objectives which are close to the heart of **CARD** are -

- ❑ To create an environment so that every person can have access to health for leading a healthy life.
- ❑ To provide assistance to rural poor and work for the welfare of the disadvantaged sections of the society like the scheduled castes, scheduled tribes, backward castes, minorities and women.
- ❑ To carry on development of activities in social, economic, educational, health, agricultural and other allied fields for the welfare of the weaker section of the society in general and physically challenged persons in particular.
- ❑ To take care of the disadvantaged sections of the society like the street children, orphans, destitute, senior citizens, physically challenged people, child labour, sex-workers, bonded labourers etc.

- ❑ To eradicate social evils like dowry system, child marriage, wife beating, atrocities against women etc.
- ❑ To take up the case of social defence such as prevention of drug abuse, promotion of prohibition.
- ❑ To take up women welfare activities for sustainable development of rural & urban women
- ❑ To take up income generation programmes for the rural or/and urban poor.
- ❑ To try to alleviate poverty and try to bring a qualitative change in the life of urban and rural poor.
- ❑ To use and promote science and technology for bringing all round development in the rural parts of the state.
- ❑ To take up capacity building /training of ASHA, ANM, PRIs, SHG, AWW & CBOs

### **GEOGRAPHICAL AREA OF OPERATION:**

At present the organisation is working in the two districts of Ganjam and Gajapati in Odisha. Though the organisation has its operation the blocks of Kukudakhundi, Rangeilunda, Digapahandi, Chikiti, Jagannth prasad, Sorada, Shergada, Hinjilicut and Patrapur block have been identified as the focussed areas of activities. The programmes of the organisation is spread across 354 villages covering more than 57 GPs along with urban slum areas of Berhampur under Ganjam district. Similarly, **CARD** is also activity in Mohana, R.Udayagiri & Nuagarah Block of Gajapati district. It is working and covering a little more than 152 villages in the district of Gajapati.

### **TARGET GROUP**

Though the organization works for all the sections of the society the following groups of people are regarded as special target groups by the organization.

- Small & Marginal Farmers
- SCs, STs and OBCs
- Migrant Labour
- Women and Children
- Youths and Adolescents
- Physically and Mentally Challenged
- Rural Artisans
- Senior Citizens

### **CORE VALUES**

- ❖ Democratic functioning
- ❖ Hard working
- ❖ Highly professional
- ❖ Secular in character
- ❖ Collective responsibility

### **FOCUS AREAS OF INTERVENTION**

\* Community Health\* Education \* Environment \* Women & Child Development \*Protection of Child Labour \* Natural Resources Management\* Social Security \*Social Research\* Science & Technology\* Action Research \* Agriculture \* Nutrition & Food Security\* Rehabilitation of CBR of PWDs \* Livelihood \* Training \* Income Generation \* Capacity Building\*

**THE ORGANISATION IS PROUD TO BE ASSOCIATED WITH**

- Ministry of Health & FW, Govt. of Odisha/ India
- Forest & Environment Department. Govt. of Odisha
- NHM Odisha, Health & F.W Govt. of Odisha.
- Social security and empowerment of PWD Govt. Odisha
- Odisha Bio-Diversity Board, Bhubaneswar
- Deafchild World Wide (DCW) UK
- UNFPA, Bhubaneswar
- SRDoraji, Tata Trust, Mumbai
- National Urban health Mission.
- ATMA, Agricultural Deptt., Ganjam
- Zilla Swasthya Samiti, Ganjam
- Zilla Swasthya Samiti, Gajapati
- Water & Sanitation Mission, Odisha

**HUMAN RESOURCES**

The organisation is fortunate to have an inter-disciplinary team of professionals to implement all the programmes efficiently. At present the organisation has employed 46 full time staff, 10 part time staff. Besides, it has more than 10 volunteers to work for it as and when called for.

**AWARDS AND RECOGNITION RECEIVED**

<b>Name of the Award/Recognition</b>	<b>Year</b>	<b>Given by</b>
Prakruti Mitra Award	1992-93	Govt. Of Odisha, Deptt. of Forest & Environment
Bharat Gourav Award	2008-09	India International Friendship Society New Delhi
Life time social development award	2010-11	Health & education development association New Delhi
Excellence Award	2013-14	Outstanding achievements in chosen field of activity
Kaya Kalpa Award	2018-19 & 2019-20	Provide health service to slum community & cleanness & surrounding UPHC and proper management of Urban UPHC Baikuntha Nagar Berhampur under PPP mode.

**THE ORGANIZATION IS MEMBER OF THE FOLLOWING FORUMS**

- Member of Zilla Swasthya Samity Ganjam
- Member of Rogi Kalyan Samity District City Hospital Berhampur
- District Advisory committee member of PC and PNDT
- Member of Dist. Task Force Committee
- Odisha Volunteer Health Association Bhubaneswar
- DLCC, Ganjam & Gajapati
- District network Ganjam & Gajapati
- Credibility Alliance
- Mission deaf inclusion (MDI)
- City Health Society

STRUCTURE OF CARD ORGANISATION, BERHAMPUR			
GENERAL BODY			
EXECUTIVE BODY			
PRESIDENT-CUM-DIRECTOR			
TREASURER			
<div> <div></div> <div></div> <div></div> <div></div> </div>			
PROJECT DIRECTOR	PROGRAMME OFFICER	PROJECT	ESTABLISHMENT
ACCOUNTANT	PROJECT CO-ORDINATOR	AROGYA PLUS (MHU) IN MOHANA BLOCK OF GAJAPATI & SURADA BLOCK OF GANJAM DIST.	REGD. OFFICE BERHAMPUR
OFFICE ASSISTANT	TRAINING CO-ORDINATOR	MANAGEMENT OF 2 Nos. of URBAN PHC, BERHAMPUR	TRAINING CENTRE G.JAGANNATHPUR
MANAGEMENT INFORMATION SYSTEM (MIS)	MO IC & Ay. DOCTOR	MANAGEMENT OF PHC (NEW) P.GOVINDAPUR	FIELD OFFICE AT- SURODA DIST-GANJAM
	STAFF NURSE/ ANM	URBAN MHU IN SLUM AREAS OF BERHAMPUR	FIELD OFFICE AT- CHANDIPUT DIST-GAJAPATI
	PHARMACIST	MALARIA PREVENTION & CONTROL PROGRAMME	FIELD OFFICE AT- CHANDRAGIRI DIST-GAJAPATI
	FIELD WORKER	AGRICULTURAL PROMOTION	
	VOLUNTEERS	COMMUNITY PROCESS IN SLUM AREAS	
	PEOPLES REPRESENTATIVE	WATER & SANITATION	
		INCLUSIVE DEVELOPMENT OF DEAF CHILDREN THROUGH COMMUNITY EMPOWERMENT	
		REHABILITATIVE & THERAPEUTIC SERVICES TO PERSON WITH INTELLECTUAL DISABILITIES	
		PROTECTION OF EARLY MARRIAGE OF ADOLESCENTS	
		BIO DIVERSITY COMMITTEE MANAGEMENT PROGRAMME	
		CAPACITY BUILDING TRAINING OF ASHA, UNEMPLOYMENT YOUTHS & MAS MEMBERS	



## **ACTIVITIES UNDERTAKEN DURING THE YEAR 2019-20**

During the reporting period the organization undertook several programmes for reaching the objective of the organization. While implementing the projects care was taken to put more emphasis on the process of empowerment so that they can take the development agenda further. During the reporting period the organization has undertaken the several programmes for the target group. A brief profile of activities undertaken during the period is provided below.

### **HEALTH PROGRAMMES**

#### **Activities of Arogya+ (MHU) in SURODA BLOCK of Ganjam District**

Our organization CARD implementing the Arogya + (MHU) under PPP mode in inaccessible area of 5 GPs under CHC Badagada in Suroda block of Ganjam district.

Primarily addresses the needs of multiple health services like provision of RCH services, School Health Services, Family Planning Services along with the curative services as provisioned. IEC and social mobilization campaign on the issues of health, sanitation and nutrition are integrated under the initiative through the Arogya+ (MHU). The whole effort is on Public Private Partnership (PPP) Model under NHM.

#### **Project area**

Sl. No.	Block	PHC/CHC	G.P.
1.	Suroda (PPP)	Badagada	Gajalbadi, Gohha, Asurabandha, Hukuma & Bhagabanpur

#### **Steering committee meeting of Arogya+**

CARD was organized local steering committee meeting of Arogya+ at CHC Suroda Conference hall under chairmanship of MOI/C CHC Badagada. All Sarpanch, ANMs, CRCC, BPM & President of 4 GKS in project area attended the programme. Formation of local steering committee for implementation of Arogya+ MHU programme PPP mode in 5 GPs under Suroda block of Ganjam.



The steering committee guide and monitor various activities being undertaken under project area as per monthly micro plan. One Sarpanch on rotation basis will act as chairman of the local steering committee on quarterly basis. Annual schedule for the same will be approved by ZSS Ganjam

#### **Curative**

The mobile health units were organized health check up camp in different villages of project area. According to the monthly action plan they arrange 44 points in different village. The team of MHU



also conducted the school level health checkup for school students to check up their health and distributed medicines to the students. They also referred serious patients to nearby PHC/CHC.



### RCH Service & awareness

CARD created awareness and provided RCH services like registration with in 3 month of pregnancy, 3 ANC check up, Minor surgical, Promotion of I.D. Referral of complicated



pregnancy, Promotion of immunization, treatment of childhood illness, Adolescent care such as life skill education, counseling and minor treatment

### Eligible couple sensitization meeting

CARD MHU conducted E.C. sensitization meeting & eligible couples were participated and sensitized on RTI/STI, safe sex, F.P method like tubectomy, vasectomy, use of OCP, condom and benefit of JSY schemes. Doctor and ANM attended in the sensitization meeting and distributed condom & oral pills to EC and sensitize them on birth gap method.



### Disease control programme

MHU staffs were identified the malaria cases in the camp through RDK test, giving them primary treatment and referred to them nearby CHC for treatments. The team also identified TB cases, refer them to CHC & also follow up them. The leprosy cases are also referring to nearby CHC.

### Strengthening of GKS

CARD conducted the GKS sensitization programme through MHU. They sensitize to conduct regular meeting of GKS for proper utilization of GKS untied fund. Aim & objective of GKS, Preparation of village health & water sanitation



plan and water sanitation, maintenance of swasthya kantha. Role & responsibility of GKS president, AWW cum convener and ASHAs for smooth implementing the GKS programme. People are aware on GKS & get the health information, hygiene of water & sanitation & cleanness of village & proper maintenance of swasthya kantha.

### Strengthening of VHND

The MHU staff facilitate to VHND. The main objective of this programme to ensure ANC check-up, immunization, counselling the mothers on breast feeding, family planning, PNC care, nutrition, new born care etc. MHU staff also support for presence of ANM, AWW as well as mother & child.



### **Immunization camp**

The ANM attend the routine immunization camp and facilitated the immunization. They immunize the infant and children and also give the proper tablets and TT to pregnant women. MHU staffs were motivated the Mothers and support Immunization camp.



### **IEC Campaign:**

IEC plays a vital role dissemination of health information to the people, especially in the rural areas. Need-based like JSY, Janani Express, VHND, GKS & routine immunization etc and appropriate development/ procurement of wall writings, posters/pamphlets/ booklets etc. were developed and distributed to the target group on a regular basis.

### **Activities of Arogya+ (MHU) in MOHANA BLOCK of Gajapati District**

Our organization CARD implementing the Arogya + (MHU) under PPP mode in inaccessible area of 5 GPs under CHC Mohana block, of Gajapati district.

Primarily addresses the needs of multiple health services like provision of RCH services, School Health Services, Family Planning Services along with the curative services as provisioned. IEC and social mobilization campaign on the issues of health, sanitation and nutrition are integrated under the initiative through the Arogya+ (MHU). The whole effort is on Public Private Partnership (PPP) Model under NHM.

### **Project area**

Sl. No.	Block	PHC/CHC	G.P.
2.	Mohana (PPP)	Mohana	Paniganda, Mandimera, Guluba, Dengaskhal & Alliganda

### **Steering committee meeting of Arogya+**

CARD was organized local steering committee meeting of Arogya+ at CHC Mohana Conference hall under chairmanship of MO I/C CHC Mohana. All Sarpanch, ANMs, CRCC, BPM & President of 4 GKS in project area attended the programme. Formation of local steering committee for implementation of Arogya+ MHU programme PPP mode 5 GPs in Mohana block of Gajapati.



The steering committee guide and monitor various activities being undertaken under project area as per monthly micro plan. One Sarpanch on rotation basis will act as chairman of the local steering committee on quarterly basis. Annual schedule for the same will be approved by ZSS Gajapati communicated to partner NGO.

### **Curative**

The mobile health units were organized health check up camp in different villages of project area. According to the monthly action plan they arrange 44 points in different village. The team of MHU also conducted the school level health checkup for school students to check

up their health and distributed medicines to the students. They also referred serious patients to nearby PHC/CHC.



### RCH Service & awareness



CARD created awareness and provided RCH services like registration with in 3 month of pregnancy, 3 ANC check up, Minor surgical, Promotion of I.D. Referral of complicated pregnancy, Promotion of

immunization, treatment of childhood illness, Adolescent care such as life skill education, counseling and minor treatment

### Eligible couple sensitization meeting

CARD MHU conducted E.C. sensitization meeting & eligible couples were participated and sensitized on RTI/STI, safe sex, F.P method like tubectomy, vasectomy, use of OCP, condom and benefit of JSY schemes. Doctor and ANM attended in the sensitization meeting and distributed condom & oral pills to EC and sensitize them on birth gap method.



### Disease control programme

MHU staffs were identified the malaria cases in the camp through RDK test, giving them primary treatment and referred to them nearby CHC for treatments. The team also identified TB cases, refer them to CHC & also follow up them. The leprosy cases are also referring to nearby CHC.

### Strengthening of GKS

CARD conducted the GKS sensitization programme through MHU. They sensitize to conduct regular meeting of GKS for proper utilization of GKS untied fund. Aim & objective of GKS, Preparation of village health & water sanitation



plan and water sanitation, maintenance of swasthya kantha. Role & responsibility of GKS president, AWW cum convener and ASHAs for smooth implementing the GKS programme. People are aware on GKS & get the health information, hygiene of water & sanitation & cleanness of village & proper maintenance of swasthya kantha.



### **Strengthening of VHND**

The MHU staff facilitate to VHND. The main objective of this programme to ensure ANC check-up, immunization, counselling the mothers on breast feeding, family planning, PNC care, nutrition, new born care etc. MHU staff also support for presence of ANM, AWW as well as mother & child.



### **Immunization camp**



The ANM attend the routine immunization camp and facilitated the immunization. They immunize the infant and children and also give the proper tablets and TT to pregnant women. MHU staffs were motivated the Mothers and support Immunization camp.

### **IEC Campaign:**

IEC plays a vital role dissemination of health information to the people, especially in the rural areas. Need-based like JSY, Janani Express, VHND, GKS & routine immunization etc and appropriate development/ procurement of wall writings, posters/pamphlets/ booklets etc. were developed and distributed to the target group on a regular basis.

### **Urban health programme under RCH in slum areas of Berhampur**

#### **Sensitization of MAS & WKS**

Our organization CARD implementing the urban slum health programme in 43 slum areas under Berhampur Municipal Corporation. We have formation of 42 nos. Mahila Arogya Samiti (MAS) & 6 nos. of Ward Kalyan Samiti (WKS). Before formation Mahili Arogya Samiti we have aware on aim & objective of MAS & WKS to community, ASHA, AWW, SHG leaders & School teachers under the chairmanship of local corporator. We have also sensitize how to implementation & how to work like cleanness of street/ basti. Sencitisation the MAS on Use of drinking water & sanitation and health care & aware of pregnant women & lactating mother & their parents. Referral service provide to serious patients and referred to near hospital for better treatment.



#### **Sensitization meeting on RCH for SHGs/ Balika Mandal**

CARD conducted SHGs/ Balika Mandal meeting at Berhampur urban slum area. Especially for SHGs& Mother's education sessions were conducted on RCH aspects. The discussion topics were RCH, Immunization, ANC/PNC, HIV/AIDS, JSY, Contraceptive vise, Childcare, Adolescent care, Nutrition, Birth Registration, Family Planning method.



## Immunization



CARD Facilitated immunization session and immunized to infant. According to the strategy of child survival, with the cooperation of health worker, AWW, ASHA the immunization programme scheduled on different places of the urban slum and also covering dropout Children.

## RTI/STI screening & treatment camp

Link volunteers of CARD organization survey in the slum area and identified adolescents, suspected RTI/STI cases. In HND CARD organization organized counseling meeting for adolescent girls and identified suspected cases by ANM. One RTI/STI camp organized by CARD Training Centre. Dr. Sailabala Panda attended the camp. At first she counseled the adolescent girls and pregnant women's on symptoms of RTI/STI, maintain hygienic in menstrual period. 85 nos. of adolescents and pregnant mother attended the health camp. Dr. Sailabala Panda also treated the RTI/STI cases, Distributed free medicine and refer critical cases to DHH. Both ANM also counseled the adolescent on early marriage contraceptive maintain hygienic and on prevention and control of AIDS.



## MANAGEMENT OF PHC (NEW) AT P.GOVINDAPUR MOHANA GAJAPATI



The PHC (New) at Govindapur in Gajapati district managed by CARD organization since 7 years. It covered 4 nos. sub-centers 76 nos. villages 12839 population and 38 GKS. The quality health service provided to the people through PHC (N). We have also provided the outreach health services to the community as per monthly action plan and provide free medicine to patients

## Human Resource

Sl. No.	Name of Person	Designation
1	Dr. Siba Ram Panda	MBBS Doctor, MO/ IC
2	Dr. Puspallata Panda	Ayush Doctor
3	Santosh Kumar Rauta	Pharmacist
4	Laxman Kumar Behera	L.T
5	Puspanjali Altia	A.N.M
6	Sasank Nayak	Project Coordinator
7	Sanjay Kumar Behera	Attended



- 24 hours Emergency/ Casualty Services.
- OPD service to patients as per the timings specified by the State Government.
- Non communicable diseases
- Specialist service
- Minor operation theatre facility.
- Referral transport facility for Institutional Delivery, FP Sterilization etc. from 108 Ambulance service and 102 Janani Express. If necessary of emergency service
- Make available essential medicines as per State Govt. Drug Policy. provide free medicines to patients
- Delivery service for 24 hours
- Outreach services of National Programs of Health & Family Welfare including IEC activities by conducting medical camp / health camps / adolescents' friendly services, emergency services during epidemic / outbreak of communicable disease.
- The laboratory technician testing in the blood sugar, urine, Hb%, pregnancy malaria through slide & RDK. The medical staff provides medicines and refers to serious patients for higher investigation
- Created herbal medicine garden & bio medical waste management.



### Out-reach health services

To created awareness and provided RCH services like registration within 3 month of pregnancy, 3 ANC check up, Minor surgical, Promotion of I.D. Referral of completed pregnancy, Promotion of immunization, treatment of childhood illness, Adolescent care such as life skill education, counselling and minor treatment through outreach health camp and VHND.

### Awareness to SHG/mothers for sensitization on family planning, immunization, Breastfeeding to weaning mother



### IEC Campaign:

IEC plays a vital role dissemination of health information to the people, especially in the rural areas. Need-based IEC like JSY, Janani Express, VHND, GKS & routine immunization, distributed to create awareness on malaria & diarrhoea prevention etc and appropriate development/ procurement of wall writings, posters/pamphlets/ booklets etc. were developed and distributed to the target group on a regular basis.

### **RKS meeting of PHC (New)**

CARD organized RKS meeting under the Chairmanship of Zilla Parisad Chairman Anitarani Behera. Other members like Dr Namita Panda M.O./C, CHC Mohana. Sri. Bainsidhar Kholsla, B.D.O, Mohana Block. Dr. Siba Ram Panda, M.O./C, PHC (New), P.Govindpur. Dr. Puspallata Panda AYUSH M.O, PHC (N), P.Govindpur. Mr. Jitendra Kumar Padhy, J.E. RWSS Mohana, Suresh Chandra Sahu President CARD, local Sarpanch & other members are attended in the RKS meeting and decided for development of PHC (N)



### **Sector level review meeting**

The sector level meeting conducted on 3<sup>rd</sup> Saturday in every month at PHC (N) P.Govindapur. ASHA, AWW, H.W.(F & M), Supervisor, HI, PC and MO I/C of PHC (New) attended the meeting and discussed on the activities like immunization, birth, death report, Malaria, TB, and other diseases control programme and status of VHND like registration of PW, ANC & PNC, institutional delivery status and motivation to adolescent, pregnant women and lactating mother. Dr. Sibaram Panda MO I/C of PHC (New) review the sector level meeting and suggested to ASHA, AWW & ANM regular attend in the VHND and immunization session.



### **Monthly staffs review meeting 6 Nos.**

CARD conducted review and planning meeting at PHC (New), P.Govindapur once in every month. The MO I/C, Ayush Doctor, HWF, Pharmacist, L.T, PC attended the meeting.

The President of CARD reviewed the monthly health activities and discussed on status of OPD, IPD, outreach health service to community and IEC activities on RCH programme and advise to PC and ANM for motivation the village people and involvement of health personnel, ICDS, PRIs, ASHA and SHGs for smooth implementation the PHC (New).



### **Super vision and monitoring by District & State Health authority.**

Visit of our PHC (N) P.Govindapur monitoring & supervision by District & State Health team verified the OPD register, laboratory testing report, drug distribution registers, stock book, all the financial records and outreach health programme activities and interaction to all staffs of PHC(N)



### **Orientation training to ASHA & GKS members on malaria**



CARD conducted training for ASHA & GKS members on prevention and control of malaria. They trained on Sign & symptoms of malaria, treatment of malaria, how to prevent it Life cycle of mosquito, use of mosquito net & impregnation of mosquito net, reduction of breeding site Govt. schemes for prevention of malaria Health plan & role & responsible of ASHA & GKS member on prevention & treatment of malaria.



### **Cultural programme**

CARD has been working for the protection of the tribal culture. To promote the tribal culture a cultural programme was performed in the Mohana Block headquarter. This tribal group is also used to spread awareness & consciousness among rural people on HIV/AIDS, T.B. eradication, Malaria



### **Workshop on sensitization of family planning NSV/ CV camps**



Our organization CARD conducted the block level sensitization workshop on family planning programme for NSV/ CV camps at Block conference hall Mohana block of Gajapati district. The block chairman, BDO, CDPO, BEE, BPM, Sarpanch, PRI member, AWW, ICDS Supervisor, President of GKS, ASHA, NGO & CBO were attended the workshop. The guest of honour Mr. Bainsidhar Khosla Block Development Officer, Mohana speak about as per census 2011 the population is growth of Mohana block around 1 lakh 50 thousand. In family planning for tubectomy 15-20 days rest is need for a mother, but vasectomy a male person only need half an hour. He advise to PRI representative and other participants to motivate the community for male sterilization. The above workshop helped to create awareness on the issue of NSV without any operation. Some participants take responsibility about mobilization of community for NSV. Some Sarpanch also gave feedback that conduct GP level workshop.

### **Programme on HIV/AIDS**



Our organization conducted the HIV/AIDS awareness programme on world AIDS Day. At present state of knowledge there is no curative therapy of this dreaded infection. The only way is to prevent the infection. Only way out to keep this dreaded infection is prevention which can be done with some simple adherence. Besides, there are a lot of misinformation and prejudice against HIV/AIDS. CARD tried to address all these issues by organizing awareness programme on World AIDS Day. Supported by Odisha State AIDS Control Society & Zilla Swasthy Samity, Ganjam a Public Meeting was organized by a mass rally in Rangeilunda block. More than 150 nos. ASHA & AWWs participated in this rally displaying placards, posters, banners with the message preventing HIV/AIDs. In the public meeting conducted after the rally, the resource persons emphasized on controlling the infection on a war footing and called upon all the stakeholders to do everything for its entry into the general population. Programmes like training, workshops were conducted also in Kukudakhandi and Rangeilunda blocks.

### **Management of Urban (PHC) for slum area of Berhampur**



CARD managing 2 nos. urban PHC programme under PPP mode at Baikuntha Nagar and Red Cross S.N.T Road Berhampur for slum peoples. The main aim of the UPHC is to provide primary health services to slum people. The main activities of programme are

- OPD service provided 30473 nos. of patients from 1<sup>st</sup> Apr to 31<sup>st</sup> Mar' 2020

- Provide primary health service to slum people
- Emergency services during epidemic/ outbreak of communicable disease
- Service provided non communicable disease
- Service provided MNRCH+A
- Blood, haemoglobin, urine, pregnancy, sugar & malaria testing, HIV testing etc.
- ANC & PNC check up
- Counselling to patients, pregnant woman, lactating mother and adolescents.
- Free medicine distribution
- ICUD family planning programme
- Pradhan Mantri Surkhya Matrutwa Yojana (PMSMY) for check up of pregnant mother
- Outreach health camp
- Visit & monitoring to UHND & immunization point by medical officer



### **Urban MHU (Mobile Health Unit) in slum areas of Berhampur**



Our organization CARD implementing the urban mobile health unit (MHU) under PPP mode in slum areas of Berhampur of Ganjam district Odisha

Primarily addresses the needs of multiple health services like provision of RCH services, Family Planning Services along with the curative services as provisioned. IEC and social mobilization campaign on the issues of health, sanitation and nutrition are integrated under the initiative through the MHU. The whole effort is on Public Private Partnership (PPP) Model under NUHM.

### **Project area**

Sl.	Area	DHH	Ward
1.	Berhampur	City hospital	40 nos. of Berhampur Municipal Corporation (BeMC)

Urban MHU inaugurated by K. Madhabi Hon'ble Mayor BMC in presence of Commissioner, ADMO (PH), Health Officer, Chief functionary CARD, City Manager & Doctors of MHU & staffs





### Health checkup camp

The mobile health units were organized health check up camp in different slum areas BMC. According to the monthly action plan they arrange 44 points in different wards health

check up and distributed medicines to the patients. They also referred serious patients to nearby City hospital & MKCG Berhampur.



### RCH Service & awareness



CARD created awareness and provided RCH services like registration with 3 month of pregnancy, 3 ANC check up, Minor surgical, Promotion of I.D. Referral of completed

pregnancy, Promotion of immunization, treatment of childhood illness, Adolescent care such as life style education, counseling and minor treatment

### Eligible couple sensitization meeting

CARD MHU conducted E.C. sensitization meeting & eligible couples were participated and sensitized on RTI/STI, safe sex, F.P method like tubectomy and



vasectomy, use of OCP, condom and benefit of JSY schemes. Doctor and ANM attended in the sensitization meeting and distributed condom & oral pills. Eligible couples were sensitized on birth gap method.

### Disease control programme

MHU staffs were identified the malaria cases test through RDK and treated positive cases and identified TB cases refer them to PHC & also follow up them. The leprosy cases are also referring to nearby PHC.

### Strengthening of UHND



The MHU staff facilitate to UHND. The main objective of this programme to ensure ANC check-up, immunization, counselling the mothers on breast feeding, family planning, PNC care, nutrition, new born care etc. MHU staff also support for presence of ANM, AWW as well as mother & child.

### **Immunization camp**

The ANM attend the routine immunization camp and facilitated the immunization. They immunize the infant and children and also give the proper tablets and TT to pregnant women. MHU staffs were motivated the Mothers to support Immunization camp.



### **IEC Campaign:**



IEC plays a vital role dissemination of health information to the people, especially in the slum areas. Need-based like JSY, UHND & routine immunization, water & sanitation, prevent to majors of malaria, dengue etc. pamphlets/ booklets etc. were developed and distributed to the target group on a regular basis.

### **Sensitization to adolescents on health & hygienics and protection of early marriage.**



CARD conducted district level sensitization workshop on addressing the adolescent pregnancy programme in Ganjam district. Medical Officer, CDPO, ABDO & SEO attended the workshop. CDMO, ADMO (FW) & DPM attend as a guest of honour in the workshop. Dr. S. Behuria and Rudra Prasad Pradhan attended as a resource person.

Block level sensitization programme on adolescent programme conducted at Kukudakhandi, Rangeilunda, Digapahandhi, Chikiti, Sanakhemundi and Patrapur invited ICDS Supervisor, AWW, PRI members, SHG leader & ANM to the workshop. BDO, MO I/C, CDPO & DPO UNFPA attended as a guest cum resource person. Mr. Suresh Chandra Sahu President cum Director of CARD presented the block level status of early marriage of adolescents with in age of 15 to 18 years for more than 40% adolescents are married before 18 years. So discuss about protection of early marriage and those are already married adopt gap method through contraceptives and counseling the newly married eligible couples on use of contraceptives for delay pregnancy.

### **National TB control programme**

Tuberculosis has been a major threat to the health of people since long. It is also a fatal disease killing many people a year in the region infecting over one third of the population. Realizing the fact,



CARD has been trying to contribute its bit in Govt.'s effort to control this highly contagious disease. Supported the District Health Administration and Lepra Society, the programme is being implemented in eight G.P.s of Kukudakhandi Block of Ganjam district. Under the programme various activities were undertaken.



### Malaria control programme



The entire Ganjam district is a malaria-endemic area. The district reports one of the highest cases of malarial fever. Though people suffer from this disease year after year there seems to be very little awareness to prevent it. Many a times the disease becomes fatal.

**CARD** is trying to convince the peoples of Kukudakhadi block that through a little care the disease can be controlled to a great extent. The people are urged to keep their surroundings clean and they are advised to use a mosquito net. The people were also advised to use local methods like treating the house with smokes from *jhuna*, dry cow dung and dry *neem* leaves which are quit effective in driving the mosquito.

Supported by Ministry of Health and family Welfare, Govt. of India and the District Health Administration a programme was undertaken to provide medicated mosquito nets to the people under the **Bed Net Impregnation Programme** through the District Vector-Borne Disease Control Society, Ganjam. Under the programme impregnated mosquito nets were provided to 524 BPL and 754 APL households. The programme was undertaken in eight malaria-endemic G.P.s of Kukudakhadi Block in Ganjam district. This small step has resulted in drastic reduction of malarial fever in these areas. The organization plans to cover more areas under the project.

### Capacity building training to ASHA Worker



Accredited Social Health Activist- ASHA the hope of the National Health Mission to act as the Community activists to reduce IMR & MMR of Odisha state particularly in the Ganjam & Gajapati district with high MMR & IMR the need to increase the institutional health seeking behaviour in particularly institutional delivery is the best recommended practice to reduce the IMR & MMR through ANC & PNC, Improve the transport and communication facilities for 108 & 102 encourage to institutional delivery, the National Health Mission also support to introduction of cash benefit under Janani Surkhya Yojana & Mamata Scheme has able to serve the aspects of affordability, the other social cultural aspects are planned to the addressed by ASHAs.

CARD as a leading NGO assigned with the responsibility to impart field 6<sup>th</sup> & 7<sup>th</sup> module round-4 training & training of ASHA (NCD) population based screening on non communicable disease to **961 nos.** of ASHAs in Mohana, R.Udayagri & Nuagada Block of Gajapati district & **581 nos.** of ASHA in Aska, Hinjilicut & Kukudakhadi block of Ganjam district.



The training was based on post natal and neo natal child care with the support of Zilla Swasthya Samiti, Gajapati & Ganjam district

### **Training to ANM on HBNC programme**



CARD conduct the capacity building training to Health Worker Female (HWF) on HBNC programme to new born care and reduce of IMR & MMR of Odisha state particularly in the Ganjam & Gajapati district with high MMR & IMR the need to increase the institutional health seeking behavior in particularly institutional delivery is the best recommended practice to reduce the IMR & MMR through ANC & PNC, Improve the transport and communication facilities for 108 & 102 encourage to institutional delivery, the National Health Mission also support to introduction of cash benefit under Janani Surkha Yojana & Mamata Scheme has able to serve the aspects of affordability, the other social cultural aspects are planned to the addressed. CARD as leading NGO assigned with the responsibility to impart field training on HBNC programme to HWF in Mohana & R.Udayagri Block of Gajapati district & Aska, Hinjilicut & Kukudakhandi block of Ganjam district. The training was based on post natal and neo natal child care with the support of Zilla Swasthya Samiti, Gajapati & Ganjam district

### **Environment Awareness Programme**



Our organization CARD organizing the Environment Awareness programme in rural areas of Kukudakhandi Block. The programme created the environment awareness among the people through workshop, village meeting, Padayatra, by volunteers, door to door motivation, competition among school students, leaflets, were distributed, nursery rising and distributed seedling of trees for plantation programme among the villagers.

### **Observance of Various Community Events**

Community participation is one of the most important pre-condition for providing efficient health services to the people. But most of the time people are not involved in health administration. So in order to inform the people on the importance of good health and facilities provided by the Govt. various community events were conducted as part of the programme. The following community events were organised during the reporting period.

#### **World Health Day**

World Health Day was observed at Berhampur to high light the importance of maintaining good health. A rally was organised By CARD with participation by AWW, ASHA, SHG member and Volunteer of the organization. The objective of the programme was to attract the attention of general public to make them aware of their duty to keep good health.





### World Population Day



India is facing the problem of population explosion which needs urgent attention. As an organisation working in the field of women and child health,

**CARD** has been making people aware regarding their reproductive rights. In order to highlight the importance of family planning, the organisation observed the World Population Day CARD Organised a rally with the collaboration by ZSS.

### World Breast Feeding Week

Mother's milk is the best nutrition for the child, especially the new born. In order to make the people understand the people, and especially the importance of



exclusive breast feeding, World Breast Feeding Week was observed. During this week the workers and volunteers of the organization made sure that all the newborns have the privilege of being breast-fed by the mothers. On the occasion the volunteers and workers of the organization made home visits and encouraged the lactating mothers to undertake exclusive breast-feeding for at least six months. Various programmes like rallies, public meetings, poster shows were organized to highlight the importance of the occasion.

### Safe Motherhood Day



Our organization CARD Observed International women's day at Berhampur slum area. Our organization organized a sensitization meeting on violation of women rights & protect of the girlchild at slum area Berhampur

CDMO Ganjam attended as a Chief guest and ADMO (FW), Dy. MEIO Berhampur attended as a guest of honor. The Chief Guest speaks about key message on protect the women and girl child from trafficking and violation. Dr. Sabita Mishra ADMO (FW) also speaks on breast feeding to their child and raises their voice against violation.

### Gender disparity in girl child education programme (DAP) in 12 villages under Rangeilunda block of Ganjam district

CARD Organization identified the 400 nos. of village girls are belongs from labour class family they are not able to buy their education material like school bag, geometric box, note book,





dictionary etc. so our organization decided to select the girl child in some criteria like she belongs from SC/ST family/ BPL family, she has the interest on continuing the study. CARD conducted sensitization meeting in 12 nos. schools Involving students of 12 nos. village and sensitized the adolescent girls on health & hygienic, value of education, need of education and encourage them to continue their study. According to their need support them school bag, geometric box & text book.. District Inspector of schools attend the programme and thanks to CARD organization for support of reading material, tuition fees for dropout & poor girls going to regular school and sensitize the parents and VEC members.

### **Women Empowerment Programme**

Process of women empowerment, the organisation has formed and strengthened women self-help groups in the operational area of the district. The organisation is trying to link some of these groups to formal financial institutions like banks for credit off take. As of the end of the financial year 2014-2015, CARD has promoted more than 30 groups who after proper training and capacity-building are working at various level of efficiency. The parents of disability is also formed self help group and starting income generating programme to support their children. CARD provide vocational training like coir product & mushroom cultivation which they are selling in local market.

### **Programme on Women Atrocities**

Women in the rural areas are one of the most disadvantaged groups. Due to high level of ignorance and high level of illiteracy they are exploited by the society and the family members. Gender-based violence and domestic violence perpetrated against the women is common. Due to ignorance of law and lack of bias the victims most often do not resort to legal protection. In order to address the issue CARD organized a district level seminar to make the women aware of the legal and constitutional protection available to address such atrocities. District officials, police and judicial officials explained the women who are victims of domestic, gender and caste-based atrocities how to take recourse to legal options in case of such violations. Similarly, two Block level workshops were organised in Digapahandi & Rangeilunda Block headquarters to educate the women regarding the legal remedies available in case of violation of their rights. More than 260 women, mostly belonging to the marginalised section attended the programme. In this occasion we have invited Mr. Gopal Chandra Satapathy Advocate attend as a chief guest and speak about legal rights of women and Dr. Subhadra Mangu as a guest of honour and speak about health problem of women and self protection.

### **Programme on livelihood**



The operational area of the organisation is primarily in a very backward area where there is prevalent of rampant poverty. In the district of Ganjam and Gajapati people depend entirely on agriculture and associated activities for their living. The entire agricultural operation is rain-fed. So during scanty or erratic rainfall, the people have to stare at the prospect of draught. In order to address this problem, CARD is working to provide the people will alternative livelihood sources by using modern methods. During the programme the following programmes were undertaken to enhance and supplement the income sources.

## Integrated Development of the Marginalized Community

Mohana Block of Gajapati district is known for its rampant poverty and impoverishment. The marginalised people, especially the dalits & adivasis struggle to arrange two square



meals a day for self and family. As the land is infertile and most of them are upland, income from the agricultural fields is not able to sustain the family income round the year. So they have to venture outside the district in search of work. In order to address this problem, **CARD** implemented a programme to enhance the livelihood through the process of empowerment in two GPs Merapalli and Sikulipadar under Mohana block of Gajapati. Activities like formation and strengthening of SHG, capacity-building and managerial leadership training were provided to the groups to make the groups self-sustainable. As alternative livelihood programme, the organisation provided training in vocational trades of Buffet plate making, stitching of leaf plates. The organisation provided the initial support like machineries, raw materials etc. to start their micro-enterprises. The organisation also provided the initial support to market the entire products. Now the groups have become self-sufficient.

## DCW PROGRAMME

Our organization CARD implementing: Inclusive development of deaf children through community empowerment and strengthening of parents programme in Kukudakhundi and Rangeilunda block. The CBR team working for 64 DC and 129 DYP. Our organization conducted following activities is.

## Clinical Assessment



CARD organized clinical assessment camp at CARD training centre for 99 hearing impaired children. Mr. Bauribandhu Nayak audiologist was testing the ear through audiometer. 66 nos. children test their ear in two

batches. Through the test, we know the degree of disability, it increases or not and for some children, if the treatment is need, it refers near hospital for treatment.

## DYP member meeting.

CARD staff formed 5 nos. DYPs in 5 clusters. The main aim of the DYP club is to identify the issues of hearing impaired child & advocacy to get their rights. They also



collect proper information on the availability of required resource. They are collecting information to solve these issues. They also identified the skill of DYP and planed for income generating programme.

### **Community sensitization meeting**



CARD arranged GP wise sensitization meeting in 12 GPs of Kukudakhandi block & 21 GPs of Rangeilunda block. In this meeting sensitized the community & parents of deaf child on DCW project activity.

The causes & prevention of disability, provision of govt. facility, inclusive education, rights of law & information about the work of DDRC etc. After the meeting CARD staff getting support from community, so it is easy to implement the programme in project area.

### **Parents sensitization meeting**

CARD formed 8 nos. parents association to support the DC & DYP. Every month parents conducting meeting to discuss the issues of their children, parents also planning for advocacy. CBR



staff are to parents on disability right, law, how they will come to mainstreaming of society, how they support the children's to become self dependence need of education for deaf child etc. CBR team also sensitized the parents the cause of disability and how the prevent it. So they welcome this programme & request to continue it.

### **Deaf awareness with ICDS workers, teachers & peer group ISL training**



CARD organization conducted deaf awareness meeting with ICDS & health workers. Here they discussed on following topics.

- Caused & prevention of disability.
- Complete ANC check up.
- Ensure all the mothers attend in VHND.
- Support them in pre-school education through special educator of CARD.

- Information of DDRC.
- Use of hearing aid from pre-school level.
- Preparation of TLM with the support of parents

The ICDS workers assured to support the programme and joining the deaf child in pre-school and give special attention to deaf child. Health worker also assured to counseling the mothers in VHND on causes and prevention of disability.





### **ISL training to DC parents & deaf youths**



### **Service provide to DCW programme**

CARD conducted training programme for the parents of Deaf children which is based on Indian sign language, how to educate their children, how to fight the rights of their deaf children. The parents are formed SHG group in village and panchayat level. They also formed Ganjam Pratidwani to advocacy and fight for the rights of their children. The parents and deaf children exposure to DDRC, TCTD, VRC and collected information from the institution.



### **Summer camp and winter camp**



The main objectives of the programme are

- Living together & share/ conversation with each other
- To learn new skills
- To identify the skill of DC
- To develop social skill & communication
- To develop sense of independence
- To improve their self confidence
- To encourage the DC

### **Therapeutic & Rehabilitative Services for Persons with Intellectual Disabilities**

Our organization CARD support to therapeutics services to MR & CP and multiple disability for 51 nos. Beneficiaries of Kukudakhandi & Rangeilunda block and urban slum areas of Berhampur, provided following services to beneficiaries from 2017-18, 2018-19, 2019-20 to continue supported by SSEPD, Govt. Of Odisha

#### **The main activities of the programme**

- Aware the parents on disabilities rights and facilities
- Parents are giving the therapy in their home.
- 2 nos. parents are agreed to give quality aids and appliances to their children after counselling by the therapy.
- Children are developed in strength and mobility, changes in posture etc.
- Flexibility the body part of the children which were tightness.
- Confidence of parents developed. So the0 parents regular attend the therapy centre.
- Giving functional literacy to the children & improved in hand function.



- Capacity building need for project personnel for effective management and phasing out the project activities
- Follow up the plan by the CBR worker on rehabilitation of individual PWDs.
- Increasing the responsibility of the parents and care givers to play a major role in the rehabilitation/ inclusion process.
- Capacities building need for individual person / child with disabilities through regular home based rehabilitation/ integration interventions.
- Create awareness among the parents to enroll in regular schools for promoting inclusion in education.
- Strengthening of parents group to support their child.
- Promote effective community and parent's participation in the sharing of information with coordination of line departments.
- Improve the monitoring and evaluate process for its efficiency and effectiveness



### **AGRICULTURAL PROMOTION TO FARMERS**



CARD conducted 3 nos. sensitization programme for farmers in Patrapur, Chikiti & Rangeilunda block of Ganjam district. Also AAO Patrapur & Chikiti block and DAO attended in the sensitization programme & oriented to farmers on agriculture livelihood support service. Promotion and value addition of pulses and oil seeds.

### **BIO- DIVERSITY PROGRAMME**



CARD formed the bio-diversity management committee in 110 nos. GP in Ganjam district and 40 nos. GP in Gajapati district with support of Odisha Bio-Diversity Board, Bhubaneswar. Before formation of committee sensitization for aim & objective of Odisha Bio-diversity Board and regular conduct the meeting secretary (local forester) with consent of president and invited all the committee members. This year CARD also sensitized the committee members on the theme of Biodiversity conservation: Present Day for Action. The programme was conducted the workshop. During this workshop detailed discussions were held on Household Solid Waste Management.



Various activities like poster campaign competitions, demonstration of solid waste management were organized. The resource persons who attended the workshop how the people can protect their own environment through small steps like avoiding use of polythene bags, decomposing the solid waste generated from the households etc. The guests who attended the seminar included meetings Dr. B.K. Panda, P.K. Udgata academicians and NGO activists are attended the meeting. This year card also prepared 3 nos. Peoples bio-diversity register (PBR) in Ganjam and Gajapati district.

### **Block level workshop on Water and Sanitation Programme**



Our organization CARD, Berhampur conducted 2 nos. preparatory meeting/block level workshop for NRDWW (National Rural Drinking Water Awareness) at Kukudakhandi & Sheragada block. Total 60 nos. participants i.e. concerned BDO, ABDO, CDPO, BPO, BEO, J.E, RWSS, BC, CC, Sarpanch, ASHA, AWW & NGO CARD participated in the meeting. Concerned block development officer attended in the workshop and in the above cited workshop topic were discussed on must conduct block level competition for 150 school students on drawing, debate & slogan of water & sanitation scheme and must organize the movement of Jal & Parimal Ratha (1week) by the CARD NGO with the help of concerned 2 nos. SEMs in each block for create awareness campaigning in all GPs of Sheragada, Hinjilicut and Kukudakhandi block. BDOs were decided & finalized the village/GP discussed among with the Sarpanch & SANJOG Deptt. for door to door visit for house hold survey by AWWs and selected the places to create awareness by street play/theater display. The preparation coordination meeting was closed with the vote of thanks by project coordinator CARD-NGO.

### **Block level competition for school students on water & sanitation.**



Our organization CARD organized the block level competition for 150 nos. high school students for drawing, debate and slogan competition at Kukudakhandi block conference hall. BDO & ABDO Kukudakhandi attended as a guest of honour and block education officer and school teachers attended as juries for above cited competition. 50 nos. Students were participated actively in each above cited competition respectively and juries were selected students the result of 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> prizes of drawing, debate and slogan competition. The competition programme closed with the vote of thanks.

### **PROTECTION OF CHILD LABOUR:**

Our organization CARD is working as survey and protection of child labour under Mohana Block of Gajapati district & slum areas of Berhampur of Ganjam, Odisha.

Our organization is organizing the programme of fundamental rights of the children, the right to free primary education and the need to prohibit employment O.C. children those are reflected in the constitution of India. The Directive Principles of the constitution bears the commitment of our nation. The welfare of the children are given opportunities and facilities to develop in health

manner and in conditions of freedom and dignity of childhood and projected against exploitation of child our organization also extended and formation child right Group in school level.

### **AWARENESS & PREVENTION ON DRUG ABUSE FOR YOUTHS**

CARD was conducted awareness & prevention programme on drug abuse for youths at CARD training centre Lochapada Berhampur on 10<sup>th</sup> Aug' 2018. The Resource persons Sri Lokanath Mohanty and Dr. Siba Ram Panda attended and speak about abuse of alcohol, drugs continues to be a major health problem. Also use of drugs is crime.

The key factors required in prevention programmes to make them effective. These factors include a need to address multiple risk and protective factors, provide developmentally appropriate information relative to the target age group, include material to help young people recognize and resist pressures to engage in drug use, include comprehensive personal and social skills training to build resistance, deliver information through interactive methods and local folk media that includes relevant language and audiovisual content familiar to the target audience. Successful prevention programmes should incorporate all of these characteristics and can then be provided through the family, school, community or healthcare community. More than 30 youths were participated.

### **CELEBRATION OF IMPORTANT DAYS:**

Like every year International Women Day was observed by CARD with more than 500 participants from various women groups from the entire district. The occasion was utilized to make the women aware regarding various rights that have been provided by the govt.

**CARD** also observed the World Aids Day, Disability day, consumer rights to spread the message of preventing this dreaded virus

Besides the following important days were observed keeping in mind their importance.

1. National Youth Day (12<sup>th</sup> January)
2. Republic Day (26<sup>th</sup> January)
3. International Women's Day (8<sup>th</sup> March)
4. Consumers' Rights Day (15<sup>th</sup> March)
5. Utkal Divas (1<sup>st</sup> April)
6. Utkal Divas (1<sup>st</sup> April)
7. World Health Day (7<sup>th</sup> April)
8. International Labour Day (1<sup>st</sup> May)
9. World Environment Day (5<sup>th</sup> June)
10. World population Day (11<sup>th</sup> July)
11. World Breast Feeding Day (1<sup>st</sup> to 7<sup>th</sup> August)
12. International Youth day (12<sup>th</sup> August)
13. Independence Day (15<sup>th</sup> August)
14. Gandhi Jayanti (2<sup>nd</sup> October)
15. World AIDS Day (1<sup>st</sup> December)
16. World Disable Day ( 3<sup>rd</sup> December)
17. World Human Rights Day (10<sup>th</sup> December)
18. World deaf week (Sept 24-30)

### **EXTERNAL & EVALUATION**

Dr. Raghunath Pati & their team Evaluation consultant visit our urban PHC Baikuntha Nagar Berhampur and interact with MO I/C, Pharmacist, Staff Nurse, LT. Data Asst. cum Accountant. He also discussed with patient on health service of UPHC and verified OPD registers, NIDAN, NCD, HIMS, Laboratory testing register, RKS meeting register along with cash book, ledger, voucher, pass book and other relevant document of urban PHC and outreach health programme

The monitoring team visited the slum area and discussed with ANM, ASHA, AWW, MAS members of slum areas of Berhampur, regarding health service of Urban PHC.



**TRAINING AND CAPACITY BUILDING**

From time to time the organization sends its professionals to various organizations and agencies to undergo training and capacity-building programmes. During the reporting period the professionals of the organization have attended the following programmes.

**Training for TOT staff for CARD, Berhampur**

SI	Name	Designation	TOT	Organized by TOT
1.	Suresh Chandra Sahu	President cum Director	Management Development Programme	Indian Institute of Forest Management, Bhopal, (M.P)
	-do-	-do-	Entrepreneurship Development Training Programme	DIC Ganjam, Berhampur
	-do-	-do-	Basic Counseling Skills Development on HIV/AIDS	Education & Training Services of Gujarat AIDS Awareness and Prevention Unit
	-do-	-do-	Rural and Sanitation CIPART	CAPART Institute for Poverty Alleviation and Rural Technology (CIPART), New Delhi
	-do-	-do-	Disability and Disasters	Ministry of Social Justice & Empowerment, New Delhi
2.	Mamata Kumari Satapathy	Project Trainer on RCH Project	Orientation Programme on NGO Guidelines on RCH Project of MNGO-FNGO Programme	Mission Director, NRHM Odisha, Bhubaneswar
	-do-	-do-	Orientation Training of District Trainers of ASHA under NRHM Odisha	Director SIH & F.W, Odisha Bhubaneswar
	-do-	-do-	Trainers Training on HIV/AIDS	Odisha State AIDS Control, Bhubaneswar
	-do-	-do-	CBR of Persons with Disability	SANCHAR, Kolkata
	-do-	-do-	ToT on Leaders for daughters gender biased sex selection	UNFPA Odisha, Bhubaneswar
3.	Dr. Bimal Kumar Panda M.D	Programme Officer	Research and Training for Breast Feeding and Weaning Practices	TATA Institute of Social Science, Mumbai
4.	Swapnarani Behera	Project Co-ordinator on CEF Project	Trainer on Training Bridge Course for Universal Education Programme	Action Aid India, Bhubaneswar through Sikhya Sandhan
	-do-	-do-	Trainers Training on HIV/AIDS	Odisha State AIDS Control, Bhubaneswar
5.	Sasanka Nayak	Project Co-ordinator on RCH Project	Training on Trainers On RCH Project	RRC, CINI, Kolkata
	-do-	-do-	Orientation Training of District Trainers of ASHA under NRHM Odisha	Director SIH & F.W, Odisha Bhubaneswar
	-do-	-do-	Training on Trainers Watershed Management	Indo-swss, Bhubaneswar, Manage, Hyderabad
	-do-	-do-	ToT on Leaders for daughters gender biased sex selection	UNFPA Odisha, Bhubaneswar
	-do-	Project Coordinator	RKVY scheme	Agricultural Deptt. Govt. Of Odisha.

	-do-	Project Coordinator	Capacity building of Deaf child activities on DCW project	National Programme Coordinator, DCW Project, Bhubaneswar
6.	Chandan Nayak Swopnarani Behera Pranati Panigrahi Jayanti Das Dillip Kumar Sahu Prabhat Kiran Sahu Bijay Kumar Behera Balakrushna Panigrahi	Field worker	Capacity building of Deaf child activities on DCW project	National Programme Coordinator, DCW Project, Bhubaneswar
7.	Jayanti Das	Field Organiser	Training for TBA Trainers	OVHA, Bhubaneswar
	-do-	-do-	Awareness Organizers Training Programme	MVSN, Bhubaneswar
	-do-	-do-	GKS capacity building	Mission Director NRHM, through Zilla Swasthya Samiti Ganjam & Action aid Odisha.
8.	Narayan Mishra	Instructor	Coir productive	Military Coir productive centre
9.	Pabitra Mohan Pradhan	Instructor	Mushroom and Agarwari	OUAT, Bhubaneswar
10.	L.K. Paltasing	Agronomist	Ground nut and Pulses cultivation	Odisha Agricultural University, Bhubaneswar
11.	Sasank Nayak, Dr. N.B. Panda Srikant Bisi Chandan Nayak	Project Coordinator & Staffs	GKS capacity building	Mission Director NRHM, through Zilla Swasthya Samiti Gajapati & CARE Odisha.
12.	Mamata Satapathy and Pranati Panigrahi	Project Coordinator & Staffs	Parents of DEAF children	SANCHAR Kolkata
13.	Mamata Satapathy and Pranati Panigrahi	Project Coordinator & Staffs	GKS capacity building	Mission Director NRHM, through Zilla Swasthya Samiti Ganjam & Action aid Odisha.
14.	Sunita Sabat & Dillip Kumar Sahu	Field worker	GKS capacity building	Mission Director NRHM, through Zilla Swasthya Samiti Ganjam & Action aid Odisha.
15	S.K. Mallik	Project Coordinator	Training on malaria prevention & control	CCD, Paralakhemundi
16	Jayanti Das Rajendra Mahankuda Jaga Gouda Lingaraj Baliarsing	MRP	Training on malaria prevention & control	CCD, Paralakhemundi

**WORKSHOP & SEMINARS ATTENDED BY STAFF & MEMBERS**

Place	Name of the participants	Programme
Paralakhemundi	Sunil Kumar Mallik, PC, Srikant Bisi, MIS	Malaria prevention & control programme by Jonny & team
Hotel Radha Conference hall, Berhampur	Mamata Kumari Satapathy Sunita Sabat Pranati Panigrahi Narmada Panigrahi Dillip Kumar Sahu	Adolescent pregnancy programme by UNFPA team
CDMO Office, At Gajapati, Paralakhemundi	Suresh Chandra Sahu	NSV under family planning by ZSS Gajapati & UNFPA
Hotel Radha Conference hall, Berhampur	Sunita Sabat Pranati Panigrahi Narmada Panigrahi Dillip Kumar Sahu Prabhat Kiran Sahu Sasmita Sahu	Orientation training to block coordinator management of adolescent agency
Hotel Radha Conference hall, Berhampur	Suresh Chandra Sahu Mamata Kumari Satapathy	Adolescent health by UNFPA
Hotel Nandan, Berhampur	Sasank Nayak	Disaster preparedness by MTS
CDMO Office, Ganjam, IEC Hall, Berhampur	Narmada Panigrahi Sasmita Bisoyi	MDT meeting by ZSS Ganjam
Youth hostel, Gopalpur	Sunil Kumar Mallik Jayanti Das Jaga Gouda Rajendra Mahakuda	Malaria & mal nutrition by Mitra hospital & Dr. Alina
DRDA Conference hall, Chatrapur	Suresh Chandra Sahu Sasank Nayak	Workshop on water & sanitation by DWSM
PHC (New) P.Govinadapur	Suresh Chandra Sahu	RKS meeting
NIET, Lakhnow	Sasank Nayak	Dubieties awareness programme
CDMO Ganjam IEC hall, Berhampur	Suresh Chandra Sahu	NUHM programme by CDMO Ganjam
CARD training Centre, Jagannathpur	Mamata Kumari Satapathy, PC & Staffs	Observation of deaf day
OVHA, Bhubaneswar	Suresh Chandra Sahu	AGB meeting
CDMO Conference hall, Berhampur	Suresh Chandra Sahu Sasank Nayak	GSS meeting
-Do-	Narmada Panigrahi Sunita Sabat	DCC meeting on MDA
DCW Kolkata	Mamata Kumari Satapathy Pranati Panigrahi Pradeep Kumar Sabat	Rehabilitation of deaf child & DYP
Tulu Selter house, Rangeilunda	Mamata Kumari Satapathy Pranati Panigrahi Sunita Sabat Bijaya Kumar Behera Haribandhu Pradhan	Observation of disability day
PHC (New) P.Govindapur	Suresh Chandra Sahu Dr. P.K. Subudhi PHC (New) Staff	Workshop on right to health and stop violence
ITDA Conference hall Paralakhemundi	Suresh Chandra Sahu Sunil Kumar Mallik	District level workshop on malaria awareness
Collector Ganjam, Chatrapur	Suresh Chandra Sahu	GB meeting of City hospital, Berhampur
Berhampur Municipal Conference hall	Suresh Chandra Sahu Narmada Panigrahi	Executive meeting of urban slum health
Odisha Bio-diversity Board, Bhubaneswar	Sasank Nayak	Meeting on Biodiversity committee management

## PERSONS VISITED

The organisation feels privileged to have received many famous dignitaries and officials who have taken time off their busy schedule and visit the organisation. In the course of this visit they have given many words of advice which have worked as elixir to achieve the goals and has determined us to work even harder. During the year the following persons have graced the organization on various occasions.

Sri Mrunal Kanti Das, OAS, Addl. Mission Director of NHM, Odisha.

Smt. Anitarani Behera Zilla Parisad, President, Gajapati

Dr. Bijaya Kumara Panigrahy CDM & PHO, Ganjam

Dr. Gunurani Pattnaik, CDM & PHO, Gajapati

Dr. Pradeep Kumar Patra, CDM & PHO, Gajapati

Dr. R. Jagadish Pattnaik DMO, Ganjam

Dr. Lalatendu Das, ADUPHO (NUHM), Ganjam

Dr. M.N Alli ADM & PHO, Gajapati

Mr. Sukant Ku. Mishra State Coordinator, NHM, Odisha.

Ms. Anuja Behera State Project Coordinator, PPP Cell NHM

Dr. Pratap Chandra Mahapatra (NHM), Odisha

Mr. Shyam Sundar Tripathy, DPM Ganjam

Ms. Soumyrani Gouda DPM Gajapati

Mr. Susant Nayak DMRC Gajapati

Ms. Shampa Nath. Head of South Asia, DCW, UK

Ms. Claudine Kate Harris, DCW, UK

Ms. Shewly Das, Technical Advisor on Deafness, DCW Kolkata.

## FINANCIAL STATUS OF THE YEAR 2019-20

Expenditure/Income – Rs. 1,35,19,824.31

Receipt & Payment – Rs. 1,72,80,061.78

Liabilities & Assets – Rs. 74,83,137.90

## LOOKING AHEAD

The year 2019-20 was an eventful year for **CARD** in which it undertook many meaningful programmes for the target group. In spite of many achievements we faced certain difficulties. The biggest hurdle for attaining the long-term goals for the organisation was regarding resources. There was very little assistance coming in the way. So all the envisaged activities for the year could not be pursued in the right earnest. Thus it was decided that the organisation would seek financial assistance from various government and non-governmental sources to implement all the programmes effectively. In the next financial year we would like to put more emphasis on community health under RCH, PHC (New) management, Arogya plus (MHU) inaccessible areas, Malaria prevention & control, adolescent pregnancy & protection of child marriage, Urban slum health programme, Primary education, Water and Sanitation, Rehabilitation programme for persons with disability, Women Empowerment, Tribal Development, Special programmes on STs, Agriculture Development, Natural Resources Management, Capacity building training for ASHA, AWW, GKS members, PRIs & Social audit on MNREGA in Ganjam & Gajapati district.

**Chief functionary**  
**Citizens Association for Rural Development CARD**  
**Shakti Nagar, 7<sup>th</sup> Lane Extn., Berhampur, Dist-Ganjam**